



# Baldwinsville

## (B) V Swimming/Diving

### Coaches:

- Christopher Ludden, Head Coach
- Noelle Staso, Asst Coach

| DATE         | WEEK DAY | TYPE           | OPPONENTS              | START TIME | END TIME | LOCATION                               | DEPARTURE                          | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|------------------------|------------|----------|--|------------------------------------|---|---------------------|
| Nov 14, 2022 | Mon      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 15, 2022 | Tue      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 16, 2022 | Wed      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 17, 2022 | Thu      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 18, 2022 | Fri      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 19, 2022 | Sat      | Practice       | N/A                    | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 21, 2022 | Mon      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 22, 2022 | Tue      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 23, 2022 | Wed      | Practice       | N/A                    | 8:00 AM    | 11:00 AM | Bville - Baker High School             |                                    |   |                     |
| Nov 25, 2022 | Fri      | Practice       | N/A                    | 12:00 PM   | 3:00 PM  | Bville - Baker High School             |                                    |   |                     |
| Nov 26, 2022 | Sat      | Practice       | N/A                    | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 28, 2022 | Mon      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 29, 2022 | Tue      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Nov 30, 2022 | Wed      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Dec 1, 2022  | Thu      | Practice       | N/A                    | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool                 |                                    |   |                     |
| Dec 2, 2022  | Fri      | Regular Season | @ Fayetteville-Manlius | 5:00 PM    | 7:00 PM  | FM - Cazenovia College Aquatics Center | Bus/Driver: B'ville Transportation | Departure Point: Baker Front<br>Departure Time: 3:00 PM<br>Return Date:<br>Return Time: 8:00 PM | L                   |
| Dec 3, 2022  | Sat      | Practice       | N/A                    | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                 |                                    |   |                     |

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|--------------|----------|----------------|---------------------|------------|----------|------------------------|------------------------------------|---|---------------------|
| Dec 5, 2022  | Mon      | Practice       | N/A                 | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 6, 2022  | Tue      | Practice       | N/A                 | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 7, 2022  | Wed      | Practice       | N/A                 | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 8, 2022  | Thu      | Regular Season | Liverpool           | 5:00 PM    | 7:00 PM  | Bville - Baker HS Pool |                                    |   | L                   |
| Dec 9, 2022  | Fri      | Practice       | N/A                 | 3:00 PM    | 6:00 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 10, 2022 | Sat      | Practice       | N/A                 | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool |                                    |   |                     |
| Dec 12, 2022 | Mon      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 13, 2022 | Tue      | Regular Season | @ Jamesville-Dewitt | 5:00 PM    | 7:00 PM  | JD MS Pool             | Bus/Driver: B'ville Transportation | Departure Point: Baker Front<br>Departure Time: 3:30 PM<br>Return Date:<br>Return Time: 7:30 PM | L                   |
| Dec 14, 2022 | Wed      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 15, 2022 | Thu      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 16, 2022 | Fri      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 17, 2022 | Sat      | Practice       | N/A                 | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool |                                    |   |                     |
| Dec 19, 2022 | Mon      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 20, 2022 | Tue      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 21, 2022 | Wed      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 22, 2022 | Thu      | Regular Season | @ West Genesee      | 5:00 PM    | 7:00 PM  | WG-HS Pool             | Bus/Driver: B'ville Transportation | Departure Point: Baker Front<br>Departure Time: 3:45 PM<br>Return Date:<br>Return Time: 7:30 PM | L                   |
| Dec 23, 2022 | Fri      | Practice       | N/A                 | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool |                                    |   |                     |
| Dec 26, 2022 | Mon      | Practice       | N/A                 | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool |                                    |   |                     |

| DATE         | WEEK DAY | TYPE                                 | OPPONENTS               | START TIME | END TIME | LOCATION                              | DEPARTURE                                 | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------------------|-------------------------|------------|----------|---------------------------------------|---|---|---------------------|
| Dec 27, 2022 | Tue      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Dec 28, 2022 | Wed      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Dec 29, 2022 | Thu      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Dec 30, 2022 | Fri      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Jan 2, 2023  | Mon      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Jan 3, 2023  | Tue      | Regular Season                       | Cicero-North Syracuse   | 5:00 PM    | 7:00 PM  | Bville - Baker HS Pool                |   |   | L                   |
| Jan 4, 2023  | Wed      | Practice                             | N/A                     | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool                |   |   |                     |
| Jan 5, 2023  | Thu      | Regular Season 47-41 W               | Oswego                  | 5:00 PM    | 7:00 PM  | Bville - Baker HS Pool                |   |   | L                   |
| Jan 6, 2023  | Fri      | Practice                             | N/A                     | 3:00 PM    | 6:30 PM  | Bville - Baker HS Pool                |   |   |                     |
| Jan 7, 2023  | Sat      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Jan 9, 2023  | Mon      | Practice                             | N/A                     | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool                |   |   |                     |
| Jan 10, 2023 | Tue      | Regular Season                       | Skaneateles @ Weedsport | 5:00 PM    | 7:00 PM  | Weedsport Pool- Weedsport High School | <b>Bus/Driver:</b> B'ville Transportation | <b>Departure Point:</b> Baker Front<br><b>Departure Time:</b> 3:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 7:30 PM | L                   |
| Jan 11, 2023 | Wed      | Practice                             | N/A                     | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool                |   |   |                     |
| Jan 12, 2023 | Thu      | Practice                             | N/A                     | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool                |   |   |                     |
| Jan 13, 2023 | Fri      | Regular Season (Griffin Sprint Meet) | @ TBD                   | 5:00 PM    | 8:00 PM  | Nottingham High School (Pool)         | <b>Bus/Driver:</b> B'ville Transportation | <b>Departure Point:</b> Baker Front<br><b>Departure Time:</b> 3:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:30 PM | L                   |
| Jan 14, 2023 | Sat      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Jan 16, 2023 | Mon      | Practice                             | N/A                     | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool                |   |   |                     |
| Jan 17, 2023 | Tue      | Practice                             | N/A                     | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool                |   |   |                     |

| DATE         | WEEK DAY | TYPE                              | OPPONENTS                       | START TIME | END TIME | LOCATION                      | DEPARTURE                                 | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|-----------------------------------|---------------------------------|------------|----------|-------------------------------|---|---|---------------------|
| Jan 18, 2023 | Wed      | Regular Season (Senior Night)     | @ Auburn                        | 5:00 PM    | 7:00 PM  | Auburn - YMCA Pool            | <b>Bus/Driver:</b> B'ville Transportation | <b>Departure Point:</b> Baker Front<br><b>Departure Time:</b> 3:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:00 PM | L                   |
| Jan 19, 2023 | Thu      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 20, 2023 | Fri      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 21, 2023 | Sat      | Practice                          | N/A                             | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |   |   |                     |
| Jan 23, 2023 | Mon      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 24, 2023 | Tue      | Regular Season                    | @ Syracuse City (Syracuse City) | 6:00 PM    | 8:00 PM  | Nottingham High School Pool   | <b>Bus/Driver:</b> B'ville Transportation | <b>Departure Point:</b> Baker Front<br><b>Departure Time:</b> 4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:30 PM | L                   |
| Jan 25, 2023 | Wed      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 26, 2023 | Thu      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 27, 2023 | Fri      | Regular Season 49-43 W            | Mexico                          | 5:00 PM    | 7:00 PM  | Bville - Baker HS Pool        |   |   | L                   |
| Jan 28, 2023 | Sat      | Practice                          | N/A                             | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |   |   |                     |
| Jan 30, 2023 | Mon      | Practice                          | N/A                             | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Jan 31, 2023 | Tue      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Feb 1, 2023  | Wed      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Feb 2, 2023  | Thu      | Practice                          | N/A                             | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |   |   |                     |
| Feb 4, 2023  | Sat      | Practice                          | N/A                             | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |   |   |                     |
| Feb 6, 2023  | Mon      | Regular Season (Last Chance Meet) | @ TBD                           | 5:30 PM    | 7:30 PM  | Nottingham High School (Pool) | <b>Bus/Driver:</b> B'ville Transportation | <b>Departure Point:</b> Baker Front<br><b>Departure Time:</b> 3:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:30 PM | NL                  |
| Feb 7, 2023  | Tue      | Practice                          | N/A                             | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool        |   |   |                     |

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|--------------|----------|---|-----------|------------|----------|-------------------------------|--|--|---------------------|
| Feb 8, 2023  | Wed      | Practice                                | N/A       | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 9, 2023  | Thu      | Practice                                | N/A       | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 10, 2023 | Fri      | Practice                                | N/A       | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 11, 2023 | Sat      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 13, 2023 | Mon      | Practice                                | N/A       | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 14, 2023 | Tue      | Practice                                | N/A       | 4:30 PM    | 7:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 15, 2023 | Wed      | Post-Season (Sectionals)                | @ TBD     | 8:00 AM    | 2:00 PM  | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>B'ville Transportation | <b>Departure Point:</b><br>Baker Front<br><b>Departure Time:</b><br>7:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 2:30 PM  | NL                  |
| Feb 16, 2023 | Thu      | Practice                                | N/A       | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 17, 2023 | Fri      | Post-Season (State Qualifiers)          | @ TBD     | 3:00 PM    | 7:00 PM  | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>B'ville Transportation | <b>Departure Point:</b><br>Baker Front<br><b>Departure Time:</b><br>12:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:00 PM | NL                  |
| Feb 20, 2023 | Mon      | Practice (States Practice and Luncheon) | N/A       | 10:00 AM   | 1:00 PM  | TBD                           | <b>Bus/Driver:</b><br>B'ville Transportation | <b>Departure Point:</b><br>Baker Front<br><b>Departure Time:</b><br>9:15 AM<br><b>Return Date:</b><br><b>Return Time:</b> 1:15 PM  |                     |
| Feb 21, 2023 | Tue      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 22, 2023 | Wed      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 23, 2023 | Thu      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 24, 2023 | Fri      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 25, 2023 | Sat      | Practice                                | N/A       | 8:00 AM    | 11:00 AM | Bville - Baker HS Pool        |  |  |                     |
| Feb 27, 2023 | Mon      | Practice                                | N/A       | 4:30 PM    | 6:30 PM  | Bville - Baker HS Pool        |  |  |                     |
| Feb 28, 2023 | Tue      | Practice                                | N/A       | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool        |  |  |                     |

| DATE        | WEEK DAY | TYPE                                       | OPPONENTS | START TIME | END TIME | LOCATION               | DEPARTURE   | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|-------------|----------|--|-----------|------------|----------|------------------------|---|--|---------------------|
| Mar 1, 2023 | Wed      | Practice                                   | N/A       | 4:30 PM    | 6:30 PM  | Bville - Baker HS Pool |   |  |                     |
| Mar 2, 2023 | Thu      | Practice                                   | N/A       | 3:00 PM    | 4:30 PM  | Bville - Baker HS Pool |   |  |                     |
| Mar 2, 2023 | Thu      | Post-Season (NYSPHSAA State Meet Practice) | @ TBD     | 3:30 PM    | 5:30 PM  | Ithaca College         | <b>Bus/Driver:</b><br>B'ville Transportation<br><b>Class Dismissal:</b><br>12:30 PM | <b>Departure Point:</b><br>Baker Front<br><b>Departure Time:</b><br>12:40 PM | NL                  |
| Mar 3, 2023 | Fri      | Post-Season (STATES)                       | @ TBD     | TBD        |          | Ithaca College         |   |  | NL                  |
| Mar 4, 2023 | Sat      | Post-Season (STATES)                       | @ TBD     | TBD        |          | Ithaca College         |   |  | NL                  |

Date: 2025-12-08