

Coaches:

- Tim Baker
- Tom Shea
- Jason Burke

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2022	Sat	Regular Season (Pre- State Invitational)	@ TBD	9:00 AM		Cross Country Course	Departure Point: SHS Departure Time: 7:00 AM	NL
Sep 17, 2022	Sat	Regular Season (ESM Invitational)	@ TBD	TBD		TBD	Departure Point: SHS Departure Time: 7:00 AM	L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:30 AM		Bville - Durgee Cross Country Trail	Departure Point: SHS Departure Time: 9:00 AM	NL
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational)	@ TBD	9:00 AM		McQuaid Jesuit HS	Departure Point: SHS Departure Time: 7:00 AM	NL
Oct 5, 2022	Wed	Regular Season	@ Westhill	4:30 PM	5:30 PM	Santaro Park	Departure Point: SHS Departure Time: 3:30 PM	L
Oct 8, 2022	Sat	Regular Season (Manhattan Invitational)	@ TBD	9:00 AM		Van Cortlandt Park (Manhattan Invitational)	Departure Point: SHS Departure Date: Oct 7, 2022 Departure Time: 10:00 AM	NL
Nov 5, 2022	Sat	Post-Season (Section 3 Championships)	@ TBD	10:00 AM		Cross Country Course	Departure Point: SHS Departure Time: 8:00 AM	NL

Date: 2024-05-21