

## Coaches:

- Gary Douglas Black, Jr., Head Coach
- Drew Heise, Asst Coach
- Andrew Shaw, Asst Coach
- Justin Hall, Asst Coach
- Alan Rawleigh, Asst Coach
- Mark Heller, Asst Coach

DATE	WEEK DAY	<sup>(</sup> түре	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 19, 2023	Sat	Practice	N/A	12:00 AM	1:30 AM	GBHS Fisher Field		
Aug 19, 2023	Sat	Practice	N/A	6:30 PM	8:45 PM	GBHS Fisher Field		
Aug 21, 2023	Mon	Practice	N/A	11:30 AM	12:30 PM	GBHS Weight Room		
Aug 21, 2023	Mon	Practice	N/A	12:30 PM	8:45 PM	GBHS Fisher Field		
Aug 21, 2023	Mon	Practice	N/A	3:00 PM	4:15 PM	GBHS Weight Room		
Aug 22, 2023	Tue	Practice	N/A	12:00 PM	8:30 PM	GBHS Fisher Field		
Aug 23, 2023	Wed	Practice	N/A	11:30 AM	12:30 PM	GBHS Weight Room		
Aug 23, 2023	Wed	Practice	N/A	12:30 PM	8:45 PM	GBHS Fisher Field		
Aug 23, 2023	Wed	Practice	N/A	3:00 PM	4:15 PM	GBHS Weight Room		
Aug 24, 2023	Thu	Practice	N/A	12:00 PM	8:30 PM	GBHS Fisher Field		
Aug 25, 2023	Fri	Practice	N/A	10:30 AM	11:30 PM	GBHS Weight Room		
Aug 25, 2023	Fri	Practice	N/A	11:30 AM	7:15 PM	GBHS Fisher Field		
Aug 25, 2023	Fri	Practice	N/A	1:45 PM	3:00 PM	GBHS Weight Room		
Aug 26, 2023	Sat	Practice	N/A	10:30 AM	6:00 PM	GBHS Fisher Field		
Aug 28, 2023	Mon	Practice	N/A	11:30 AM	12:30 PM	GBHS Weight Room		
Aug 28, 2023	Mon	Practice	N/A	12:30 PM	8:45 PM	GBHS Fisher Field		
Aug 28, 2023	Mon	Practice	N/A	3:00 PM	4:15 PM	GBHS Weight Room		
Aug 30, 2023	Wed	Practice	N/A	11:30 AM	12:30 PM	GBHS Weight Room		
Aug 30, 2023	Wed	Practice	N/A	12:30 PM	8:45 PM	GBHS Fisher Field		
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	4:15 PM	GBHS Weight Room		
Aug 31, 2023	Thu	Practice	N/A	12:00 PM	8:45 PM	GBHS Fisher Field		
Sep 1, 2023	Fri	Practice	N/A	10:30 AM	11:30 AM	GBHS Weight Room		
Sep 1, 2023	Fri	Practice	N/A	11:30 AM	7:15 PM	GBHS Fisher Field		
Sep 1, 2023	Fri	Practice	N/A	1:45 PM	3:00 PM	GBHS Weight Room		
Sep 2, 2023	Sat	Scrimmage	@ Gouverneur	9:00 AM	11:00 AM	Gouverneur	Departure Time: 7:00 AM	NL

DATE	WEEP DAY	<sup>К</sup> ТҮРЕ	OPPONENTS	START	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	6:00 PM	GBHS Back Practice Field		
Sep 6, 2023	Wed	Practice	N/A	6:30 PM	9:00 PM	GBHS Fisher Field		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 8, 2023	Fri	Regular Season	Cazenovia	7:00 PM	9:30 PM	GBHS Fisher Field		NL
Sep 9, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 11, 2023	Mon	Practice	N/A	4:15 PM	5:30 PM	GBHS Weight Room		
Sep 12, 2023	Tue	Practice	N/A	6:00 PM	9:00 PM	GBHS Fisher Field		
Sep 13, 2023	Wed	Practice	N/A	2:45 PM	4:00 PM	GBHS Weight Room		
Sep 13, 2023	Wed	Practice	N/A	4:30 PM	6:00 PM	GBHS Fisher Field		
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 15, 2023	Fri	Regular Season	Marcellus	5:00 PM	7:30 PM	Carrier Dome	Departure Time: 2:15 PM	NL
Sep 16, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Sep 18, 2023	Mon	Practice	N/A	4:00 PM	5:00 PM	GBHS Weight Room		
Sep 18, 2023	Mon	Practice	N/A	6:00 PM	8:30 PM	GBHS Fisher Field		
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 21, 2023	Thu	Practice	N/A	4:00 PM	5:00 PM	GBHS Main Gym		
Sep 21, 2023	Thu	Regular Season	Lowville	6:00 PM	9:30 PM	GBHS Fisher Field		L
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	4:00 PM	GBHS Weight Room		
Sep 22, 2023	Fri	Practice	N/A	4:00 PM	5:00 PM	GBHS Back Practice Field		
Sep 22, 2023	Fri	Practice	N/A	5:00 PM	6:00 PM	GBHS Allison Room		
Sep 23, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 25, 2023	Mon	Practice	N/A	4:45 PM	5:45 PM	GBHS Weight Room		
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 26, 2023	Tue	Practice	N/A	5:30 PM	6:30 PM	GBHS Back Practice Field		
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Weight Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 27, 2023	Wed	Practice	N/A	4:30 PM	6:45 PM	GBHS Fisher Field		
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Sep 29, 2023	Fri	Regular Season	@ Holland Patent	7:00 PM	9:00 PM	HS Stadium / Track	Departure Time: 3:00 PM	L
Sep 30, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 4, 2023	Wed	Practice	N/A	4:30 PM	5:45 PM	GBHS Weight Room		
Oct 4, 2023	Wed	Practice	N/A	6:00 PM	8:15 PM	GBHS Fisher Field		
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 6, 2023	Fri	Regular Season	@ Adirondack	7:00 PM	9:00 PM	Stadium Field	Departure Time: 3:30 PM	L
Oct 7, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Oct 9, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 9, 2023	Mon	Practice	N/A	4:30 PM	5:30 PM	GBHS Weight Room		
Oct 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	GBHS Auxiliary Gym		
Oct 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 13, 2023	Fri	Practice	N/A	5:00 PM	6:00 PM	GBHS Main Gym		
Oct 13, 2023	Fri	Regular Season	Little Falls	7:00 PM	9:30 PM	GBHS Fisher Field		L
Oct 14, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Oct 16, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	GBHS Fisher Field		
Oct 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Fisher Field		
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 20, 2023	Fri	Regular Season	@ Indian River	7:00 PM		Warrior Stadium, Turf Facility (Field A)	<b>Departure Time:</b> 5:30 PM	NL
Oct 21, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room		
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 23, 2023	Mon	Practice	N/A	4:30 PM	5:30 PM	GBHS Weight Room		
Oct 24, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Fisher Field		
Oct 24, 2023	Tue	Practice	N/A			GBHS Fisher Field		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 25, 2023	Wed	Practice	N/A	5:00 PM	7:30 PM	GBHS Fisher Field		
Oct 26, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 27, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Oct 27, 2023	Fri	Post-Season	Solvay	7:00 PM	10:00 PM	GBHS FISHEr FIEld		L
Oct 28, 2023	Sat	Practice	N/A	10:00 AM	PM	GBHS Weight Room		
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Oct 30, 2023	Mon	Practice	N/A	4:30 PM	5:30 PM	GBHS Weight Room		
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:15 PM	GBHS Fisher Field		
Nov 1, 2023	Wed	Practice	N/A	3:40 PM	4:40 PM	GBHS Weight Room		
Nov 1, 2023	Wed	Practice	N/A	5:00 PM	7:30 PM	GBHS Fisher Field		
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Nov 3, 2023	Fri	Post-Season (Section 3 Class C Semi Final)	Skaneateles	7:00 PM	10:00 PM	GBHS FISHER FIEld		NL
Nov 6, 2023	Mon	Practice	N/A	3:15 PM	4:15 PM	GBHS Weight Room		
Nov 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Nov 8, 2023	Wed	Practice	N/A	4:30 PM	5:30 PM	GBHS Fisher Field		
Nov 9, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	GBHS Fisher Field		
Nov 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Fisher Field		
Nov 10, 2023	Fri	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		
Nov 11, 2023	Sat	Practice	N/A	3:00 PM	4:30 PM	GBHS Fisher Field		
Nov 11, 2023	Sat	Practice	N/A	5:00 PM	6:30 PM	GBHS Fisher Field		
Nov 12, 2023	Sun	Post-Season	Adirondack	12:00 PM	3:00 PM	Carrier Dome		NL
TBD		Practice	N/A	5:00 PM	6:00 PM	GBHS Allison Room		

Date: 2024-05-02