



# Watkins Glen

## (G) V Cross Country

### Coaches:

- Kelly Sterner, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (First Day of Practice)	N/A	7:30 AM	9:30 AM	W G FH ES Gym			
Sep 5, 2023	Tue	Regular Season (Week 3 @ WG State Park)	Trumansburg, Spencer-Van Etten (S-VE Panthers), Candor (Candor)	5:00 PM	7:00 PM	Watkins Glen State Park	<b>Bus/Driver:</b> Watkins Glen Central School	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 2:45 PM	L
Sep 9, 2023	Sat	Regular Season (Crusader Clash)	Elmira, Waverly, Bath, Corning-Painted Post, Elmira Heights @ Notre Dame, Elmira	8:30 AM		Murray Athletic Center "The Domes"	<b>Bus/Driver:</b> Watkins Glen Central School	<b>Departure Point:</b> Field House - Bus <b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:00 PM	L
Sep 9, 2023	Sat	Regular Season (ND Crusader Clash @ Domes - Murry Athletic Center )	@ TBD	11:00 AM	12:00 PM	Murray Athletic Center (AKA The Domes)	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:30 PM	L
Sep 12, 2023	Tue	Regular Season	Notre Dame, Elmira, Tioga, Spencer-Van Etten (S-VE Panthers) @ Elmira Heights	5:00 AM		Newtown Battlefield	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Sep 16, 2023	Sat	Regular Season (McDaniel Baxter Invite @ CV State Park )	@ TBD	10:30 AM	12:00 PM	Chenango Valley State Park	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	NL
Sep 19, 2023	Tue	Regular Season (Senior Night)	Groton, Lansing, Southern Cayuga @ Trumansburg	5:00 PM		Stadium Field	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Sep 23, 2023	Sat	Regular Season (Owego Invite )	@ TBD	9:00 AM		OFA Stadium	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Sep 30, 2023	Sat	Regular Season (McQuaid Invite)	@ TBD	9:00 AM	1:00 PM	Genesee Valley Park	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 6:00 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	NL

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Oct 3, 2023	Tue	Regular Season	Spencer-Van Etten (S-VE Panthers), Candor (Candor), Notre Dame, Elmira, Elmira Heights, Tioga @ Newark Valley	4:00 PM		Newark Valley High School	<b>Bus/Driver:</b> Watkins Glen Central School	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 1:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Oct 14, 2023	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 7:30 PM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	L
Oct 25, 2023	Wed	Regular Season (IAC Championships Marathon)	@ TBD	4:00 PM		Appleby E S	<b>Bus/Driver:</b> Watkins Glen Central School District <b>Class</b> <b>Dismissal:</b> 1:20 PM	<b>Departure Point:</b> Field House- Bus <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Nov 11, 2023	Sat	Post-Season (NYSPHSAA Championships @ VVS)	@ TBD	9:00 AM		Track Field	<b>Bus/Driver:</b> Watkins Glen Central School District	<b>Departure Point:</b> Field House- Bus	NL

Date: 2024-05-12